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## **Pre-Op Instructions**

DO NOT eat or drink 6 hours before your scheduled appointment. If you must take medication, a small amount of water is acceptable.

DO WEAR COMFORTABLE CLOTHING. A short sleeve shirt is ideal for access to your arm. If it's cold, wear something warm that you can remove over a short sleeve shirt.

YOU MUST be escorted home after IV sedation. The medication that is used during your sedation impairs your ability to drive. Your escort does not have to be present during your surgery. If your escort is not staying during your procedure please leave their contact information with the front desk.

IT'S IMPORTANT that you inform your Doctor of any changes in medications and allergies prior to your sedation.

We recommend that after your appointment you go home and rest for a few hours. The medication used during your sedation will probably leave you drowsy. After resting for a few hours it is important that you drink plenty of fluids. Do not drive or operate heavy machinery for 24 hours.